

LIFEMAX POWERBOOKS

PURE POWER  
QUOTES

2

DIAMONDS & HEARTS

JAMES LEE VALENTINE

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James Lee Valentine is the recipient of multiple awards and accolades for his empowering books & events



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# PURE POWER QUOTES 2

DIAMONDS & HEARTS

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## Quotations

*"I might  
repeat to myself,  
slowly and soothingly,  
a list of  
quotations beautiful  
from minds profound;  
if I can remember  
any of the  
damn things."*

— DOROTHY PARKER

JAMES LEE VALENTINE

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# PURE POWER QUOTES 2

## Diamonds & Hearts

“We are what we think.  
All that we are arises with our thoughts.  
With our thoughts, we make our world.”  
— THE BUDDHA

“Time, like a snowflake, disappears while we’re  
trying to decide what to do with it.”  
— PROVERB

“I have often wondered how it is everyone loves himself  
more than the rest of men, but yet sets less value on his  
own opinions of himself than the opinions of others.”  
— MARCUS AURELIUS

“The only limits are, as always, those of vision.”

—JAMES BROUGHTON

“If you cannot inspire a woman with love of yourself,  
fill her above the brim with love of herself;  
all that runs over will be yours.”

—C.C. COLTON

“Dost thou love life? Then waste not time;  
for time is the stuff that life is made of.”

—WILLIAM SHAKESPEARE

“People with an impoverished vocabulary live an impoverished emotional life; people with rich vocabularies have a multi-hued palette of colors with which to paint their experience, not only for others, but for themselves as well.”

—ANTHONY ROBBINS

“Genius is one percent inspiration and ninety-nine percent perspiration.”

—THOMAS EDISON

“The man who never makes a mistake is the man who never does anything.”

—THEODORE ROOSEVELT

“Contrary to the cliché, genuinely nice guys most often finish first or very near it.”

—MALCOLM FORBES

“The master in the art of living makes little distinction between his work and his play, his labor and his leisure, his mind and his body, his information and his recreation, his love and his religion. He hardly knows which is which. He simply pursues his vision of excellence at whatever he does, leaving others to decide whether he is working or playing.

To him he’s always doing both.”

—JAMES A. MICHENER

“Things may come to those who wait. But only the things left over by those who hustle.”

—ABRAHAM LINCOLN

“The quality of a person’s life is in direct proportion to their commitment to excellence, regardless of their chosen field of endeavor.”

—VINCENT LOMBARDI

“As he who has health is young,  
so he who owes nothing is rich.”

—PROVERB

“People are attracted to you when you make them feel appreciated and valuable. You do this by being a good listener and projecting confidence about yourself.”

—JAY ABRAHAM

“A bird doesn’t sing because it has an answer,  
it sings because it has a song.”

—MAYA ANGELOU

“The secret of happiness is this: Let your interests be  
as wide as possible, and let your reactions to the  
things and persons that interest you be as far as  
possible friendly rather than hostile.”

—BERTRAND RUSSELL

“Give me the splendid silent sun  
with all his beams full-dazzling.”

—WALT WHITMAN

“When you are inspired by some great purpose, some extraordinary project, all your thoughts break their bonds. Your mind transcends limitations, your consciousness expands in every direction, and you find yourself in a new, great and wonderful world. Dormant faculties and talents become alive, and you discover yourself to be a greater person by far than you ever dreamed yourself to be.”

—PATANJALI

“There are two ways of spreading light; to be the candle or the mirror that reflects it.”

—EDITH WHARTON

“The way to tap into the flow of universal abundance is to come from contribution and be absolutely committed to specific written intentions.”

—RANDY WARD

“Don’t be a time manager, be a priority manager.

Cut your major goals into bite-sized pieces.  
Each small priority or requirement on the way to  
the ultimate goal becomes a mini goal in itself.”

—DENIS WAITLEY

“There are two things to aim at in life: first, to get  
what you want; and, after that, to enjoy it. Only  
the wisest of mankind achieve the second.”

—LOGAN PEARSALL SMITH

“A winning philosophy is the result of a few basic  
disciplines practiced each and every day.”

—JIM ROHN

“This is the beginning of a new day. You have been given this day to use as you will. You can waste it or use it for good. What you do today is important because you are exchanging a day of your life for it. When tomorrow comes, this day will be gone forever. In its place is something that you have left behind . . . let it be good.”

—THE ESSENCE OF A NEW DAY

“Self-respect is the best means of getting the respect of others.”

—NAPOLEON HILL

“Thoughts are things; they have tremendous power. Thoughts of doubt and fear are pathways to failure. When you conquer negative attitudes of doubt and fear you conquer failure. Thoughts crystallize into habit and habit solidifies into circumstances.”

—BRYAN ADAMS

“In order to improve the mind, we ought  
less to learn, than to contemplate.”

—RENE DESCARTES

“Happiness comes only when we push our brains and  
hearts to the farthest reaches of what we are capable.  
The purpose of life is to matter, to count, to stand  
for something, to have it make some difference  
that we lived at all.”

—LEO ROSTEN

“To be interested in the changing seasons  
is a happier state of mind than to be  
hopelessly in love with the spring.”

—GEORGE SANTAYANA

“I don’t want to get to the end of my life  
and find that I have just lived the length of it.  
I want to have lived the width of it as well.”

—DIANE ACKERMAN

“What’s common sense  
just isn’t common practice.”

—STEPHEN R. COVEY

“In a full heart there is room for everything, and in an  
empty heart there is room for nothing.”

—ANTONIO PORCHIA

“Try as much as possible to be wholly alive, with  
all your might, and when you laugh, laugh like hell  
and when you get angry, get good and angry.  
Try to be alive. You will be dead soon enough.”

— WILLIAM SAROYAN

“People are just about as happy as they  
make up their minds to be.”

— ABRAHAM LINCOLN

“Nothing happens unless first a dream.”

— CARL SANDBURG

“A man can succeed at almost anything for which he has unlimited enthusiasm.”

—CHARLES M. SCHWAB

“Don’t be worried about failing, be a glorious enthusiastic failure rather than a tired and timid traveler on a trouble-free road.”

—DR CAREY, ARCHBISHOP OF CANTERBURY

“Always do your best.  
What you plant now you will harvest later.”

—OG MANDINO

“You possess a lamp that is not limited  
to a mere three wishes!”

—ANTHONY ROBBINS

“Excellence is an art won by training and habituation.  
We do not act rightly because we have virtue or  
excellence, but we rather have those because we  
have acted rightly. We are what we repeatedly do.  
Excellence, then, is not an act but a habit.”

—ARISTOTLE

“I have heard it said that the first ingredient of success,  
the earliest spark in the dreaming youth, is this:

Dream a great dream.”

—JOHN A. APPLEMAN

“Miracles are within us.”

— HONORE DE BALZAC

“If you don’t talk happy and you never have a dream,  
then you’ll never have a dream come true.”

— OSCAR HAMMERSTEIN II

“Most people never run far enough on their first wind,  
to find out if they’ve got a second. Give your dreams  
all you’ve got and you’ll be amazed at the energy  
that comes out of you.”

— WILLIAM JAMES

“I figured that if I said it enough, I would convince  
the world that I really was the greatest.”

—MUHAMMAD ALI

“Without woman Earth would fade and die.  
Without woman who am I?”

—KITARO

“If you have built castles in the air, your work need not  
be lost; that is where they should be. Now put the  
foundations under them.”

—HENRY DAVID THOREAU

“Embrace your liberty and see what wonderful things come of it.”

—EMILY BRONTE

“You go for it. All the stops are out. Caution is to the wind, and you’re battling with everything you have. That’s the real fun of the game.”

—DAN DIERDORF

“What an immense power over the life is the power of possessing distinct aims. The voice, the dress, the look, the very motion of a person, define and alter when he or she begins to live for a reason.”

—ELIZABETH STUART PHELPS

“It is ridiculous for any man to criticize the works  
of another if he has not distinguished himself by  
his own performances.”

—ADDISON

“Blaming others for the way your life is going,  
is like getting on a train going in the wrong  
direction and then blaming the train.”

—RICHARD WILKINS

“Lives of great men all remind us  
We can make our lives sublime,  
And, departing, leave behind us  
Footprints on the sands of time.”

—HENRY WADSWORTH LONGFELLOW

“It’s no longer a warmth hidden in my veins.  
It’s Venus entire and whole fastening on her prey.”  
—JEAN RACINE

“We are continually faced by great opportunities  
brilliantly disguised as insoluble problems.”  
—LEE IOCOCCA

“It’s not hard to make decisions when you  
know what your values are.”  
—ROY DISNEY

“Hard to dislike a chap who likes you, isn’t it?  
Well, there’s your peace plan.”  
— MAHATMA GANDHI

“You are a child of God; your playing small doesn’t serve  
the world. There’s nothing enlightened about shrinking  
so that other people won’t feel insecure around you.  
As we let our own light shine, we unconsciously  
give other people permission to do the same.”  
— NELSON MANDELA

“Everything has its beauty but not everyone sees it.”  
— CONFUCIUS

“When we are motivated by goals that have deep meaning, by dreams that need completion, by pure love that needs expressing, then we truly live life.”

— GREG ANDERSON

“I have dreamed in my life, dreams that have stayed with me ever after, and changed my ideas; they have gone through and through me, like wine through water, and altered the color of my mind.”

— EMILY BRONTE

“When a man ain’t got no education, he’s forced to use his brains.”

— WILL ROGERS

“Man is made by his belief.  
As he believes, so is he.”

—THE BHAGAVADA GITA

“When you educate a man you educate an individual;  
when you educate a woman you educate  
a whole family.”

—McIVER

“I’ve been fit and I’ve been fat.  
Fit is better.”

—SUSAN POWTER

“You only live once.  
But if you work it right,  
once is enough.”  
—JOE E. LEWIS

“When you feel that you have reached the end and that  
you cannot go one step further, when life seems to be  
drained of all purpose; what a wonderful opportunity  
to start all over again, to turn over a new page.”  
—EILEEN CADDY

“Happiness is not a state to arrive at but,  
rather, a manner of traveling.”  
—SAMUEL JACKSON

“Where will you be ten years from now if you  
keep on going the way you are going?”

— NAPOLEON HILL

“Work hard on your job and you can make a living,  
but work hard on yourself  
and you can make a fortune.”

— JIM ROHN

“Count your age by friends,  
not years.”

— FRANCIS GAY

“It is when you give of yourself that you truly give. There are those who give little of the much which they have.

They give it for recognition and their hidden desire makes their gifts unwholesome. And there are those who have little and give it all. These are the believers in life and the bounty of life, and their coffer is never empty.”

— KHALIL GIBRAN

“No one is useless in this world who lightens the burden of it to anyone else.

— MOTHER TERESA

“Goals take you beyond your limits to a world of unlimited power.”

— ANTHONY ROBBINS

“People who say that life is not worthwhile are really saying that they themselves have no personal goals which are worthwhile. Get yourself a goal worth working for. Better still, get yourself a project. Always have something ahead of you to look forward to, to work for and hope for.”

—MAXWELL MALTZ

“Aim high . . .  
there is little virtue in easy victory.”

—EDMUND HILLARY

“With mind powers, a man can begin to live differently in himself. He can begin to think differently and feel differently and desire differently and love differently. If this happens, the man has another relationship to himself, internally. His life in himself then changes.”

—MAURICE NICOLL

“An honest man’s country is the world.”

—ABRAHAM LINCOLN

“Every man’s life is a fairy-tale  
written by God’s fingers.”

—HANS CHRISTIAN ANDERSON

“Do we need to make a special effort to enjoy the beauty of the blue sky? Do we have to practice to be able to enjoy it? No, we just enjoy it. Each second, each minute of our lives can be like this. Wherever we are, any time, we have the capacity to enjoy the sunshine.”

— THICH NHAT HANH

“Be outrageous! People who achieve mastery  
have the ability to be outrageous.”

— GITA BELLIN

“Every single life only becomes great when the  
individual sets upon a goal or goals which they really  
believe in, which they can really commit themselves to,  
which they can put their whole heart and soul into.”

— BRIAN TRACY

“The busy bee has no time for sorrow.”

— WILLIAM BLAKE

“Every time a value is born, existence takes on a new meaning. Every time one dies, some part of that meaning passes away.”

—JOSEPH WOOD KRUTCH

“The power that has created us has put everything here for us, and it is up to us to deserve and accept.”

—THE BIBLE

“You may not be able to do all you can find out, but make sure you find out all you can do.”

—JIM ROHN

“If you want a golden rule that will fit everybody, this is it: Have nothing in your houses that you do not know to be useful, or believe to be beautiful.”

— WILLIAM MORRIS

“Music is the doctor.”

— THE DOOBIE BROTHERS

“The health of the people is really the foundation upon which their happiness and all their powers as a state depend.”

— BENJAMIN DISRAELI

“A mind once stretched by a new idea  
never regains its original dimension.”

—OLIVER WENDELL HOLMES

“The ideas I stand for are not mine. I borrowed  
them from Socrates. I swiped them from Chesterfield.  
I stole them from Jesus. And I put them in a book.  
If you don't like their rules, whose would you use?”

—DALE CARNEGIE

“You see things and you say, why?  
But I dream things that never were  
and I say, why not?”

—GEORGE BERNARD SHAW

“What things so ever ye desire when ye pray,  
believe that ye receive them,  
and ye shall have them.”

—THE BIBLE

“You may be disappointed if you fail,  
but you are doomed if you don't try.”

—BEVERLEY SILLS

“If you educate a man you educate a person,  
but if you educate a woman you educate a family.”

—RUBY MANIKAN

“Running is a road to self-awareness and self-reliance. You can push yourself to extremes and learn the harsh reality of your physical and mental limitations, or coast quietly down a solitary path watching the earth spin beneath your feet. But when you are through, exhilarated and exhausted, at least for a moment everything seems right with the world.”

—THE ESSENCE OF RUNNING

“Whatever you have harvested until now  
is a result of what you have sown.”

—JIM ROHN

“Genius, that power which dazzles mortal eyes,  
is oft but perseverance in disguise.”

—HENRY W. AUSTIN

“Think of all the beauty still left around you  
and be happy.”

— ANNE FRANK

“The one and only formative power given to man is  
thought. By his thinking he not only makes character,  
but body and affairs. Prejudice is a mist, which in our  
journey through the world often dims the brightest  
and obscures the best of all the good and glorious  
objects that meet us on our way.”

— LORD SHAFTESBURY

“He who thinks himself the happiest man  
really is so.”

— CHARLES CALEB COLTON

“The possibilities of thought training are infinite, its consequences eternal, and yet few take the pains to direct their thinking into channels that will do them good, but instead leave all to chance.”

—ORISON SWETT MARDEN

“Reality is created by the mind.  
We can change our reality  
by changing our mind.”

—PLATO

“Always bear in mind that your own resolution to succeed is more important than any other one thing.”

—ABRAHAM LINCOLN

“He who every morning plans the transactions of the day and follows out that plan, carries a thread that will guide him through the labyrinth of the most busy life.”

—VICTOR HUGO

“With each returning night we’re born again  
and naught of all our former life retain.  
Today, estranged from all past joy and strife,  
is radiant with new opening life.”

—PALLADAS

“First we make our habits,  
then our habits make us.”

—JOHN DRYDEN

“Women are wiser than men because they  
know less and understand more.”

—JAMES STEPHENS

“It is good to have an end to journey towards,  
but it is the journey that matters in the end.”

—URSULA LE GUIN

“Life is all about having fun.  
If you are not having fun and making the best of things,  
then what is the point of being here in the first place?”

—MADAME JEANNE CALMENT

*(120 years old at the time of this quote)*

“The best way to love life  
is to love many things.”

—VAN GOCH

“Yes! To this thought I hold with firm persistence;  
The last result of wisdom stamps it true;  
He only earns his freedom and existence;  
Who daily conquers them anew.”

—JOHANN WOLFGANG VON GOETHE

“Poverty is no sin,  
but it is terribly inconvenient.”

—PROVERB

“Neither success nor happiness are accidents,  
they are first a study then a practice.”

—JIM ROHN

“A merry host makes merry guests.”

—PROVERB

“Life has no meaning unless one lives it with a will, at least to the limit of one’s will. Virtue, good, value are nothing but words, unless one takes them apart in order to build something with them; they do not win their true meaning until one knows how to apply them.”

—PAUL GAUGUIN

“Imagination governs the world.”

— BENJAMIN DISRAELI

“Imagination makes man the paragon of the animals.”

— WILLIAM SHAKESPEARE

“Imagination is more important than knowledge.”

— ALBERT EINSTEIN

“Imagination is the beginning of creation.  
You imagine what you desire;  
you will what you imagine;  
and at last you create what you will.”  
— GEORGE BERNARD SHAW

“Life is no brief candle for me. It is a splendid torch  
which I have got hold of for a moment, and I want  
to make it burn as brightly as possible before  
handing it on to future generations.”  
— GEORGE BERNARD SHAW

“Absence of occupation is not rest,  
a mind quite vacant is a mind distressed.”  
— WILLIAM COWPER

“If you do things well, do them better.  
Be daring, be first, be different.”  
—ANITA RODDICK

“The people who get on in this world are the people  
who get up and look for the circumstances they want,  
and, if they can't find them, make them.”  
—GEORGE BERNARD SHAW

“Logic will get you from A to B.  
Imagination will take you everywhere.”  
—ALBERT EINSTEIN

“Make yourself an honest man, then you may be sure  
that there is one rascal less in the world.”

—CARLYLE

“A man who won't stand for something,  
will fall for anything.”

—ZIG ZIGLAR

“Few things are impossible to diligence and skill.  
Great works are performed not by strength,  
but by perseverance.”

—SAMUEL JOHNSON

“Exercise: little and often.”

—SYLVESTER STEIN

“If you seek to understand the whole  
universe, you will understand nothing at all.  
If you seek to understand yourself, you will  
understand the whole universe.”

—LAO-TZU

“Say ‘yes’ to life, ‘yes’ to wonder, to joy, to despair.  
‘Yes’ to pain, ‘yes’ to what you don’t understand.  
Try ‘yes’, try ‘always’, try ‘possible’, try ‘hopeful’,  
try ‘I will’ and try ‘I can’.”

—LEO BUSCAGLIA

“Enthusiasm is the soul of life.”

—PROVERB

“If you have made mistakes, there is always another chance for you . . . You may have a fresh start any moment you choose. For this thing we call ‘failure’ is not the falling down, but the staying down.”

—MARY PICKFORD

“My business is not to remake myself,  
but to make the absolute best of what God made.”

—ROBERT BROWNING

“If you view all the things that happen to you, both good and bad, as opportunities, then you operate out of a higher level of consciousness.”

—LES BROWN

“The necessary has never been man’s top priority. The passionate pursuit of the nonessential and the extravagant is one of the chief traits of human uniqueness. Unlike other forms of life, man’s greatest exertions are made in the pursuit not of necessities but of superfluities.”

—ERIC HOFFER

“No man is so great as mankind.”

—THEODORE PARKER

“Expect your every need to be met, expect the answer to every problem, expect abundance on every level, expect to grow spiritually.”

—EILEEN CADDY

“Those who contemplate the beauty of the earth find reserves of strength that will endure as long as life lasts.

There is a symbolic as well as actual beauty in the migration of the birds, the ebb and flow of the tides, the folded bud ready for the spring. There is something infinitely healing in the repeated refrains of nature — the assurance that dawn comes after night, and spring after the winter.”

—RACHEL CARSON

“If necessity is the mother of invention, then goals must be the father.”

—MICHAEL LeBOEUF

“What, in your opinion, is the brightest moment in a man’s life? The moment he really sees that by changing his mental attitudes he can change his life.”

—VERNON HOWARD

“I might repeat to myself, slowly and soothingly, a list of quotations beautiful from minds profound; if I can remember any of the damn things.”

—DOROTHY PARKER

“Footprints in the sands of time are not made by sitting down.”

—PROVERB

“Enthusiasm is the force that makes your hopes shine to the stars. Enthusiasm is the sparkle in your eyes, the swing in your gait. The grip of your hand, the irresistible surge of will and energy to execute your ideas.”

—HENRY FORD

“One can never consent to creep when one feels an impulse to soar.”

—HELEN KELLER

“See your goal your star of desire, see it red hot, feel it burning, you must be obsessed with it to make it your true yearning, be ready my friends for when you truly believe it, you will certainly achieve it and by all of God’s universal laws you will always receive it!”

—BOB SMITH

“You ask why I make my home in the  
mountain forest, and I smile, and am silent,  
and even my soul remains quiet.”

—LI PO

“Every now and then go away, have a little relaxation, for  
when you come back to your work your judgment will be  
surer; since to remain at work will cause you to lose power  
of judgment. Go some distance away because the work  
appears smaller and more of it can be taken in at a glance,  
and a lack of harmony or proportion is more readily seen.”

—LEONARDO DA VINCI

“Work is much more fun than fun.”

—NOEL COWARD

“You are who you are and where you are by what has gone into your mind. You change who you are and change where you are by changing what goes into your mind.”

— ZIG ZIGLAR

“Success in life comes not from holding a good hand, but from playing a poor hand well.”

— DENIS WAITLEY

“At sunrise every soul is born again.”

— WALTER MALONE

“Let us live with hope . . . eternally!  
Our mind of faith instantaneously becomes the cause,  
the effect, and the power of eternal happiness.  
It translates into great joy and great fulfillment.”

—NICHIREN DAISHONIN

“See not the small trials and vexations of each hour of the day. See the one purpose and plan to which all are leading. If in climbing a mountain you keep your eyes on each stony or difficult place, as you ascend, seeing only that, how weary and profitless your climb! But if you think of each step as leading to the summit of achievement, from which glories and beauties will open out before you, then your climb will be so different.”

—THE SUMMIT

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